



According to a recent AAA Travel survey, American travelers are making vacation plans through the end of the year, but remain cautiously optimistic about those plans. AAA advises travelers to take proper precautions to help keep themselves and others safe while away from home.

Planning your trip:

- Planning is more important than ever. When looking for places to stay, search for hotels with free or flexible cancellation policies.
- Check the CDC's [Covid-19 data tracker](#), municipal and state health departments and local news for updates on coronavirus cases and continue to do so while on the road.
- [AAA's Covid-19 Travel Restrictions Map](#) at [TripTik.AAA.com](#) also has the latest state and local travel restrictions.
- Consider taking your car into a AAA Approved Auto Repair shop and ask them to do a trip check. To find one near you, visit [aaa.com/autorepair](#).
- Make sure your AAA membership is up to date to provide peace of mind if you have car troubles while you are on your trip.
- Call ahead to understand capacity limits and, where possible, make reservations in advance.

Packing:

- Be sure to pack face coverings, cleaning supplies - like disinfecting wipes and hand sanitizer, and a thermometer.
- Consider packing extra snacks to reduce the need to stop at restaurants – which may not be open or might be operating at reduced capacity.

Restrooms and rest stops:

- [TripTik.AAA.com](#) can help you determine which rest stops, gas stations and hotels are open along your route.
- If you need to use a restroom, try not to touch anything. Wash your hands or use hand sanitizer when you leave.

Restaurants on the road:

- Use [TripTik.AAA.com](#) to find restaurants that are open along your way. Be aware that seating may be more limited – leading to longer wait times – because of reduced table capacity.
- If you choose to eat-in, consider wiping down your table with a disinfectant wipe. Use hand sanitizer after interacting with servers or cashiers.
- Drive-thru or curbside pick-up might be quicker and will reduce contact with other people.

Hotels:

- Always call ahead to ensure your hotel is open and to ask about any restrictions or changes to the check-in process. It's likely that the hotel has reduced the face-to-face interactions with guests.
- Ask what precautions the hotel is taking to protect guests. Ask about social distancing protocols like capacity reductions in common spaces and hotel staff requirements to wear masks at all times.
- When you check into your room, remember to wipe down high-touch surfaces with disinfecting wipes. Some surfaces to pay special attention to include light switches, door knobs, remote controls and room phones.

On the road:

- Travel with all necessary travel documentation, including health insurance cards.
- Pack snacks, water, disinfectant spray or wipes and a thermometer.
- Find the best gas price by using your AAA app.
- Sign-up for the Fuel Rewards® Program. AAA members can save up to five cents per gallon when filling up at participating Shell branded stations across the U.S.



- Get rest before you hit the road. Drivers should not rely on their bodies to provide warning signs of fatigue and should instead prioritize getting plenty of sleep (at least seven hours) in their daily schedules. For road trips, drivers should also:
 - Travel at times when normally awake
 - Schedule a break every two hours or every 100 miles
 - Avoid heavy foods
 - Travel with an alert passenger and take turns driving
 - Avoid medications that cause drowsiness or other impairment
- Have an emergency kit in your vehicle. Consider this list of things to include and tips on where to stow them. Be sure to replenish any depleted items as needed.
 - Cell phone and car charger
 - First-aid kit
 - Blanket
 - Drinking water/snacks for everyone in the car including pets
 - Flashlight with extra fresh batteries
 - Rags, paper towels or pre-moistened wipes
 - Basic set of tools along with duct tape and car emergency warning devices such as road flares or reflectors
 - Ice scraper/snow brush
 - Jumper cables/jump pack
 - Traction aid such as sand, salt or non-clumping cat litter
 - Tarp, raincoat and gloves
 - Shovel
 - Face masks
 - Hand sanitizer

Rental Cars:

- Rental car companies have adopted extra sanitization measures in the wake of Covid-19. Hertz, for example, has introduced [Hertz Gold Standard Clean](#), an enhanced vehicle disinfectant and sanitization process.
- Customers should research or ask companies what they have done to sanitize vehicles. For extra peace of mind, use disinfecting wipes to wipe down door handles, steering wheels, shifters and control panels.
- AAA provides member benefits through Hertz, and you can book on our website or with a AAA travel agent.

Air or rail travel:

- Pack face masks, disinfecting wipes and hand sanitizer for the airport and while on the plane. TSA allows one liquid hand sanitizer container up to 12 ounces per passenger in carry-on bags until further notice.
- Wipe down your space – seat, tray table, arm rest, seat belt, screen, etc.
- Purchase beverages and snacks once through security and before boarding. Many airlines are suspending in-flight beverage service. Amtrak café service still offers food service, but as carryout only. Seating in the café will be closed.
- Passengers should check with their carrier for details about face coverings, boarding process and seating arrangements.
- If traveling by rail consider, where available, private rooms for both short and long distance trips.
- Continue to practice social distancing on trains and planes.